Project Newsletter

Project progress update

As this is an international project, we aim to expand our advocacy to many countries and, this month, Australia was in focus. Our team member, Dr. Walter Wittich, was a keynote speaker at the 10th National Deafblind Conference in Fremantle, Australia. His presentation focused on how research on sensory loss can inform clinical practice. Next month, we expand our advocacy to Sweden as Christine and Sofia will present the design and preliminary findings of Project ISSSL to psychology students and professors at Lund University. Thank you very much for your support!

More Details: www.psychology.ku.dk/isssl

More findings from round 1:

What were the most frequently reported coping mechanisms by individuals with sensory loss and their spouses? In round 1, we asked about 14 different ways that people can cope with sensory loss (both positive and negative styles). Of the positive strategies, the three most commonly selected strategies were acceptance (95%), planning ahead (78%), and active coping (84%; i.e., taking action to improve one’s situation). Of the negative strategies, the three most commonly selected strategies were self-blame (41%), disengagement (22%; e.g., giving up trying to cope), and denial (19%). After rounds 2 and 3, we will investigate which coping styles can predict psychological and relational well-being over time.

Questions or comments?

Email us at ProjectISSSL@psy.ku.dk